

2018 Noquemanon Ski Marathon Race Bulletin



INFORMATION

Administrators for the race will be available at the Superior Dome all day on Friday and Saturday. Call 866-370-RACE. If you have questions, look for the white race committee vests.

PASTA FEEDS/SPECIALS

Downtown Marquette is excited to welcome Noquemanon Ski Marathon ski racers, fans and families to the area. The Marquette DDA (Downtown Development Authority) and Marquette Eastside Originals have partnered with select restaurants to offer pre-race pasta specials on Friday, January 26. For seating and reservations, contact restaurants directly. Racers are asked to please mention the special when placing their orders. Visit the following site for a list of participating restaurants:

<https://downtownmarquette.org/noquemanon-pasta-specials/>

REGISTRATION & SKI EXPO

Booths will be set up Friday Jan 26th 5:00 pm – 10 pm at the Superior Dome. Visit the exhibits and displays for ski and wax products, local area information, Noquemanon merchandise, race information, and more. Many of these exhibitors are sponsors—please thank them for their support of cross-country ski racing.

RACE DAY INFORMATION

Start Area 50K – The start area for the UP Health System (UPHS) Noquemanon 50K is located at the Al Quaal Recreation Area in Ishpeming. Turn north on Hickory Street and you will dead end at the Start area. Birchview School will be open as a place to keep warm and stage. The school is right outside of the starting area

Start Area 24K/15 Mile Snowshoe – The start area for the 24K Half Noque is on County Road 510 in Negaunee Township. There is NO parking area at the 24K start.

Start Area 12K/3K & 500m Adaptive Ski - The start area for the 12K and 3K/500m Adaptive Ski is the Noquemanon Trail Network (NTN) Forestville Trailhead located off of Forestville Road.

Start Area WildSide of the Noque (Sunday Jan 28th – Skijor, Snowbike, 5K & 10K Snowshoe) – The start area for all WildSide of the Noque events is the Noquemanon Trail Network (NTN) Forestville Trailhead located off of Forestville Road

Finish Area 50K/24K/15 Mile Snowshoe/12K – The finish area for all 50K, 24K, 12K events and the 15 Mile Snowshoe event is the “Log Yard” which is located 4K west of the Superior Dome on County Road 550.

Finish Area 3K & 500m Adaptive Ski – The finish area for the 3K and 500m Adaptive Ski is the Noquemanon Trail Network (NTN) Forestville Trailhead located off of Forestville Road.

Wave Placement - Wave placement is designated by bib number. Touring class skiers will have a bright sticker adhered to their bib, designating them as “Touring Skiers”. Relay Skiers also have stickers. Preferential placement in elite wave placement by top 50 finish in the previous year’s Noquemanon Ski Marathon or by racer petition only. Wave placement petition deadline is 2 weeks prior to race day.

50K Classic –. Wave 1 is Elite Wave (200 skiers), Wave 2 (200 skiers)

50K Freestyle – Wave 1 is Elite Wave (100 skiers), Wave 2 (180 skiers), Wave 3 (180+ skiers)

24K Classic – 4 waves (approx. 60 skiers per wave)

24K Freestyle – 5 waves (approx. 60 skiers per wave)

Touring Class – The touring class is for **classic skiers only** and is meant to be for people who are more interested in a casual skiing experience rather than a competitive race. You must have signed up for this class. You will start earlier than the racers. Please respect that this is a race and you should step out of the track or get to the side when a racer approaches you from behind. **Single file skiing please whenever possible** as the entire course will have traffic. Please show courtesy to those who are trying to pass and be aware of those around you. Please move out of the way of faster skiers. You will **not** be eligible for your age category award and will **not** be eligible for overall awards.

Clothing Bag Tags – Tags are available at bag/bib pickup for all participants (Saturday & Sunday racers). **Tags are to be attached to your own backpack. The tag will have your bib number on it.** Participants are responsible for getting their bags/backpacks **into** the trucks next to each start area. Bags/backpacks will be taken inside the Dome where they can be claimed following the race. Race officials are not responsible for lost or stolen property.

Babysitting and Childcare - Childcare is available at the Superior Dome by advance arrangement only. Arrangements need to have been made one week in advance to utilize.

Lost and Found – There will be a lost and found area at the Superior Dome on race day. Look for the information booth or call 866-370-RACE.

WAVE START TIMES

All Times are Eastern Standard Time

Noquemanon Ski Marathon (Saturday Jan 27th)

6:00 am: Superior Dome opens
7:00 am: Busing to start line begins
8:10 am: 50K Classic Touring
9:00 am: 50K Classic Elite Wave 1
9:10 am: 50K Classic Wave 2
(Includes Relay skiers)
9:50 am: 12K Classic Men
9:55 am: 50K Freestyle Elite Wave 1
9:55 am: 12K Classic Female
10:00 am: 50K Freestyle Wave 2
10:10 am: 12K Freestyle Men
10:10 am: 50K Freestyle Wave 3
10:15 am: 12K Freestyle Women
11:45 am: 24K Classic Wave 1
11:55 am: 24K Classic Wave 2

12:05 pm: 24K Classic Wave 3
12:15 pm: 24K Classic Wave 4
12:30 pm: 24K Freestyle Wave 1
12:40 pm: 24K Freestyle Wave 2
12:50 pm: 24K Freestyle Wave 3
1:00 pm: 24K Freestyle Wave 4
1:10 pm: 15 Mile Snowshoe Wave
3:30pm: 3K and 500meter Adaptive Ski

WildSide of the Noque (Sunday Jan 28th)

9:00am: Animoosh Skijour
10:00am: 20K Snowbike
10:10am: 5K & 10K Snowshoe

Transportation/Busing & Parking

Please reference the separate busing schedule in your packet for times and locations.

Start Line Busing - Buses from the Superior Dome to the 50K, 24K, 12K, and 15 Mile Snowshoe start lines will be available for boarding at the circular drive on the west side of the Superior Dome (off of Presque Isle Avenue). The Superior Dome will be open at 6:00 am Saturday. Buses will start running at 7:00 am. Busing will be available from the Superior Dome to the start lines AND from the finish lines back to the Superior Dome.

Busing to the start line of the 24K Half Noque is MANDATORY and it will be strictly enforced as there is no parking at the County Road 510 start area. Buses are for race participants only – no spectators are allowed on these buses. Busing to the start line of the 50K Noquemanon Ski Marathon is strongly encouraged. Buses are for skiers only – no spectators are allowed on these buses. Busing to the start line of the 12K is strongly encouraged. Busses are for skiers only – no spectators are allowed on these buses.

Adaptive Skiers will need to make their own arrangements for transportation to and from the Forestville Trailhead. The start and finish line is the same location.

The NTN Forestville Trailhead has parking for spectators but no parking is allowed on Forestville Road. The safety of participants (your friends and family) depends on emergency vehicles gaining access to this area if there is a health issue or injury. Your vehicle will be immediately towed if parked along the road – signs will be placed indicating parking areas. The road will be sanded however it is often very icy for cars without 4WD depending on conditions.

There is no busing for WildSide of the Noque events (Sunday Jan 28th – Skijor, Snowbike, 5K & 10K Snowshoe events). Racers must provide their own transportation.

Finish Line Busing - There is extremely limited parking at the “Log Yard” finish area for spectators on Saturday. Busing will be available to and from the finish line and it is strongly encouraged that all participants as well as all spectators use the buses to get to the finish line for spectating and also to get them back to the Superior Dome. The finish line should have a live feed projected in the Superior Dome along with scrolling results. Spectator busing will begin from the Superior Dome at 10:00am at the west side of the dome – note signs inside the dome indicating the spectator busing staging area. Finish line includes a festive atmosphere. Please join us!

After the Race Transportation -- Busing to select hotels is available. Please refer to the bus schedule.

ON THE COURSE

FIS Cross Country Rules for Classical Technique – All FIS skiers will have to follow all FIS rules including uniform marking rules. Skis will be marked at the starting line. Classical technique includes the diagonal techniques, the double poling techniques, herringbone techniques without a gliding phase, downhill techniques and turning techniques. Single or double skating is not allowed. Turning techniques comprise of steps and pushes in order to change directions. Where there is a set track, turning techniques with pushing are not allowed. This will also apply to competitors skiing outside of the set track. **Failure to abide by this rule may result in disqualification.**


Jury Notice – A jury meeting will take place at 3:45 pm. All protests must be in 15 minutes to the Race Director. The jury will consist of Race Director Jason Rolling, Timing Official Sam Graci Jr, Technical Delegate Jim Tervo, Technical Delegate and Assistant Director of Race Paul Johnston, and Jon Mommaerts Chief of Trail.

Food and First Aid Stations - Aid stations are located approximately every 6-7K throughout the course. They will contain HEED Energy Drink, water, and bananas. We will also have Hammer Energy Gels at select aid stations.

Ski Poles - Ski poles, courtesy of Swix, will be available at all aid stations and at the start. Aid stations

are manned by volunteers, please give them your thanks as you pass by.

Timing Chip – We use Chip Timing Technology. **The chips will be adhered to your race bib using a foam tape.** Please do not remove foam tape or chip from bib.

 **Course Aid** – The Marquette County Search and Rescue, Hiawatha Amateur Radio Operators, and National Ski Patrol will be on the course for your safety. If you need medical assistance, or notice another participant that does, please let someone at an aid station along the route know. First aid will be available at the finish line as well.

Cut-off Times – For participants who are not on pace to reach the cutoffs. All 50K skiers must finish by 4:30 pm. A race official, or Search and Rescue personnel, is required to take your chip (for liability reasons). You are not permitted to continue. Our officials will give you a ride back to the finish line or the Superior Dome. No participants, wearing bibs, are allowed on the course after the cutoff times. **The finish line announcer will also be available until 4:30 pm.**

Drop Outs – If you are not able to complete the race for whatever reason, you must notify the nearest First Aid Personnel. They will relay your bib number to the finish line. The Race Director, at the finish line, will have a listing of dropouts. Please inform your family or friends to check with the Race Director at the finish area if they are concerned.

Finish Line – Your bib number will be recorded electronically after crossing a timing point and the finish line with the chip timing technology. You will be bused a short commute from the finish line to the Superior Dome for hot food, showers, saunas, ski valet, massage therapist, ski expo and results. Showers and saunas are in the adjoined PEIF building. Overall top 3 of classic marathon (50K) male and female winners stay near finish for overall finish photo.

Text Messaging – your friends and family can sign up to get text messages when your bib number crosses timing points. Go to live.superiortiming.com to sign up

POST RACE

Ski Valet - At the completion of the race, inside the Superior Dome, is a free ski valet. You can turn in your skis and poles or snowshoes to the valet, while enjoying post race activities.

Post Race Activities – An aid station is inside the Superior Dome. Warm up with hot food and rehydrate with Norway Springs Water, HEED and other beverages. The aid station is for skiers and volunteers only.

Again this year you will have the ability to print race certificates on our web site after the race. Certificates will be a keepsake showing your finish time and split times. We also will be offering text split times sent to your friends and family. Please sign up for text splits by 9 pm on January 26th.

The locker rooms, hot showers, and saunas will be open until 6 pm and located in the NMU PEIF building which is connected directly to the Superior Dome – follow the signs. There will also be massage therapists stationed in a draped area on the main floor, for a nominal fee.

Results – Live stream result postings will take place periodically at the Superior Dome and race receipts will be available. Computers will also be set up throughout the Dome so that participants can check results. The final results will be available by 5 pm. Race results can be found at www.superiortiming.com, www.noquemanon.com, and the Sunday edition of the *Mining Journal*.

Photos - Marquette photographer Andy Gregg will be taking skier photos. Your photos will be available for free download at www.marquettephoto.com.

Awards Ceremony – SATURDAY EVENTS: The Marathon (50K) and Half Marathon (24K)/15 Mile Snowshoe/12K awards ceremony honors the overall top three winners and the age category winners of each race. Awards Ceremony will be held at the Dome, at approximately 5:00 pm. Blackrocks Brewery is the **Official Beer sponsor** of the Noquemanon Ski Marathon. Enjoy a 51K IPA available at the bar during the awards ceremony. ****Please get your personal finish receipt prior to approaching the awards table if you want to claim your award.**

Raffle - There will be raffles of great merchandise and prizes during the awards ceremony. You must be present to win! 3 raffles will occur with one grand prize raffle drawing. **Don't miss it!**

Skier Survey – In order to help us continually improve your Noque experience, please take some time to fill out our survey at www.noquemanon.com after the race.

PRIZES AND AWARDS

50K - The 50K Classic race will feature Cash Prizes. All podium winners are to stay at the finish line for race photos and to receive cash prize. Top prize (men's and women's division) 1st place is \$1,000, 2nd place is \$500 and 3rd place is \$250. Overall winners will also receive the mega large, beautifully engraved Noquemanon Moen Cowbells. Note that *only Wave 1 skiers are eligible for Overall Awards in the 50K Classic & Freestyle.*

50K Relay - There will be three Team Relay divisions. Overall Male, Overall Female, and Mixed

24K - The top three men's and women's 24K racers in the classic and freestyle races will also receive a beautifully engraved Noquemanon Moen cowbell. *Overall winners can come from any wave.*

15 Mile Snowshoe - The overall and top three men's and women's 15 mile racers will also receive a beautifully engraved Noquemanon Moen cowbell. Separate categories for women and men are divided as follows: 24 and under, 25-34, 35-44, 45-54, 55-64, and 65 and over.

12K - Bells go to the top three finishers in each age group for both Classic and freestyle techniques in both Male and Female categories as follows: 14 and under, 15-18, 19-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75+

Age Group Awards - Engraved Noquemanon Moen cowbells will also be presented to the top three finishers of each 50K, 24K & 15 Mile Snowshoe race in each age category. Separate categories for women and men are divided as follows: 15 and under, 16-17, 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 and over. *Overall top three winners will not be eligible for the age category prizes.*

20 Year Legacy Skiers – Special awards will be presented to skiers that have participated in all 20 editions of the Noquemanon Ski Marathon.

10 & 15-Year Gifts – Skiers who have skied in ten & 15 years of the Noquemanon Ski Marathon will be recognized with commemorative gifts given at the Awards Ceremony.

WildSide of the Noque - Sunday Events

Awards ceremony will be at the NTN Forestville Trailhead immediately following the events.

SUNDAY EVENTS – WildSide of the Noque

The Noquemanon Ski Marathon also hosts the “WildSide of the Noque” on Sunday, January 28th, 2018 at the NTN Forestville Trailhead. Events include: 20K Snow Bike, 10k Skijor and the 10K & 5K Snowshoe. All registered participants will receive a special gift

Packet pickup - Available on Friday, January 26th during the Ski Expo and on Saturday January 27th at the Superior Dome at the registration area. Packets will also be available on race day (Sunday January 28th) at the NTN Forestville Trail Head starting at 8:30am (Eastern Standard Time). Awards with custom bells will be held at the finish line after each race.

Animoosh Skijor 8.5K Race 9:00 am – NTN Forestville Trail Head start. Teams are sent out in 30 second intervals. Cap of 50 teams. Male and Female divisions with both one and two dog options. Awards will be given to 1st, 2nd and 3rd place for Male and Female in the one dog and two dog categories.

Snow Bike 20K Race 10:00 am – NTN Forestville Trail Head start. Ride a course with sections of trail that is only open to snowbiking during the Noquemanon Ski Marathon weekend!

Snowbike awards: Overall Male and overall Female awards. Age group awards:
25 & under Male/25 & under Female
26-39 Male/26-39 Female
40-59 Male/40-59 Female
60 & over Male/60 & over Female

Snowshoe 10K & 5K Race 10:10 am – NTN Forestville Trail Head start. Awards go to 1st place Male and 1st place Female for both the 10K and 5K and 1st place Male and 1st place Female of each age category. Age categories for both Male and Female categories as follows: 24 and under, 25-34, 35-44, 45-54, 55-64, 65+.

For participants interested in a snowshoe trek (ie not a “run”) we strongly encourage participation in the 5K event and NOT the 10K event.